

Faculty Development Programme 2024-25



Honouring of Class - X Toppers 2023 -24 Bottch



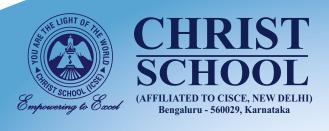
Academic Inaugus ation 2024-25



Club Iranguration 2024-25



Investiture Ceremony 2024 - 25





The Monthly Newsletter

EXCELSION

Vol - XIV: Issue - I May & June 2024 Ever upward and still higher...





Ms. Divya P M Editorial Board

With great enthusiasm, we present the inaugural newsletter of the academic year 2024-25, celebrating our theme of "Well-Being." This year, we dedicate ourselves to nurturing the holistic health of our community, fostering an environment where every individual thrives emotionally, mentally, and physically.

As we embark on this enlightening journey, our monthly focus is on cultivating "Positive Emotions." In these times, embracing joy, gratitude, and hope becomes imperative. Positive emotions are the cornerstone of a harmonious life, enabling us to face challenges with grace and resilience.

At Christ School ICSE, we strive to imbue our students with a sense of optimism and joy. Our educators are committed to creating a vibrant and supportive atmosphere, integrating themes of well-being into their pedagogy. Through this, we aim to inspire a spirit of positivity that radiates throughout our school. This newsletter serves as a beacon, guiding us towards a year filled with growth, unity, and happiness. Let us all partake in this collective effort to enhance our well-being and spread positive emotions, ensuring that our school remains a sanctuary of support and joy.



Editorial Board



Ms. Divya P M



Ms. Revathi K



Ms. Poornima R



Ms. Lalitha Bisht



Ms. Vidya Dev



From the Principal's Desk

Fr. Nilson Davis CMI

Well-Being: Nurturing Lives

Dear Christites,

As we gather once more to step aboard the journey of a new academic year, I am filled with a sense of anticipation and hope. Each new beginning carries with it the promise of growth, the excitement of discovery, and the opportunity to forge deeper connections within our vibrant

community. It is a time to reflect on our past achievements and to set our sights on the aspirations that lie ahead.

Our school has always been a haven for nurturing young minds, a place where knowledge and creativity flourish side by side. We have cultivated an environment where academic excellence is balanced with the development of character, resilience, and empathy. It is within this nurturing setting that we turn our focus to this year's guiding theme: Well-Being.

Well-being, in its fullest sense, is the cornerstone of a life well-lived. It is the delicate balance between mind, body, and spirit, creating a sanctuary where each individual can thrive. Our commitment to fostering well-being will be interwoven into the very fabric of our daily interactions, guiding our endeavours and inspiring our community to flourish in every dimension. Central to the essence of well-being are Positive Emotions. These emotions are the vibrant threads in the rich fabric of our lives. They uplift our spirits, fortify our resilience, and deepen our connections with one another. Positive emotions are not fleeting moments of happiness but enduring states that shape our outlook and interactions. By embracing these emotions, we create a nurturing environment where kindness, compassion, and optimism reign supreme.

In the embrace of positive, we find the seeds of true well-being. Joy is not just an emotion; it is a state of being that infuses our lives with energy and vitality. It is the laughter shared among friends, the thrill of discovery in learning, the satisfaction of achieving a goal. Joy elevates our experiences, transforming ordinary moments into extraordinary memories.

Gratitude, another cornerstone of positive emotions, acts as a powerful catalyst for well-being. It shifts our focus from what we lack to what we have, fostering a sense of abundance and contentment. Gratitude deepens our appreciation for the beauty that surrounds us and the support we receive from our community. It cultivates an attitude of thankfulness that permeates our actions and interactions, creating a ripple effect of positivity.

Serenity, the third pillar of positive emotions, provides a sense of inner peace and balance. In a world that often moves at a frenetic pace, serenity offers a refuge, a space for reflection and rejuvenation. It is the calm that anchors us amidst the storms of life, allowing us to navigate challenges with grace and composure. Serenity enhances our well-being by promoting mental clarity and emotional stability.

Let us embark on this journey with hearts full of joy, minds open to gratitude, and spirits anchored in serenity. Let our days be filled with moments of kindness, acts of compassion, and the shared laughter that binds us together. As we navigate the challenges and triumphs of the year, let us be guided by the light of positive emotions, illuminating our path and strengthening our resolve. In the words of the poet William Wordsworth, "Fill your paper with the breathings of your heart." Let us infuse our endeavours with passion and purpose, drawing inspiration from the beauty that surrounds us and the strength that lies within. Together, we can create a vibrant community where well-being is not just an aspiration but a lived reality.

As we step into the dawn of this new academic year, I encourage each of you to embrace the theme of well-being with enthusiasm and commitment. Let it be the lens through which we view our challenges and the compass that guides our decisions. By nurturing our well-being and that of those around us, we create a foundation for a thriving, resilient community. May this year be one of profound growth, joyous discovery, and collective well-being. With united hearts and kindred spirits, let us embark on this remarkable journey, creating a legacy of well-being that will endure for years to come.

With deepest appreciation and best wishes for a year of unparalleled well-being. Excelsior my dear Christites.



Více Principal's Message Fr. Reji Koodapattu CMI

Well-Being: Cultivating a Positive School Environment

As the dawn of a new academic year breaks, our school stands committed to the radiant theme of well-being, understanding its essential role in our lives. Well-being transcends mere physical health; it envelops our mental, emotional, and social dimensions, laying the groundwork for a truly fulfilling existence.

Positive emotions, like the sun's warm rays, illuminate our path to well-being. Joy, gratitude, serenity, and hope are not mere fleeting sentiments but powerful forces that shape our perspectives and actions. Within our school community, nurturing these positive emotions can weave a tapestry of support and vibrancy, allowing everyone to flourish.

Fostering positive emotions begins with the simple, yet profound, practices of daily life. Expressing heartfelt gratitude, engaging in acts of kindness, and sharing meaningful conversations can significantly elevate our emotional well-being. These gestures build resilience, strengthen bonds, and instill a deep sense of belonging and purpose.

Our school is devoted to embedding these principles into our daily routines. Through mindful practices, collaborative endeavors, and a focus on emotional intelligence, we aspire to cultivate an environment where each student feels cherished and empowered.

As we journey through this year with a focus on well-being, let us all endeavor to infuse our lives, and the lives of those around us, with positivity. Together, we can create a nurturing haven that supports the growth and happiness of every member of our school community.

Theme of the Year

"Well-being is not a destination, but a continuous journey of nurturing the body, mind, and spirit."

This year, Christ School ICSE has chosen the theme of 'well-being', which particularly highlights the current global challenges and rapid changes in our daily routines. Prioritizing well-being helps manage stress, uncertainty, and mental health struggles more effectively, ensuring we lead fulfilling, balanced, and resilient lives

The theme 'well-being' also highlights the importance of social connections and a sense of purpose. For students, prioritizing well-being yields multiple benefits, including improved academic performance, heightened focus, reduced stress levels, and the cultivation of a positive school atmosphere. These outcomes contribute to equipping students with enduring skills essential for lifelong health and happiness.

To achieve these outcomes, we believe in embracing well-being as a theme, thereby laying the foundation for a balanced, joyful, and meaningful life, both individually and collectively.

May & June at Glance

- → INDUCTION PROGRAMME FOR TEACHERS
- → TUTOR PLUS APP TRAINING REPORT
- + ICSE (CLASS X) BOARD EXAMINATION RESULT 2023-2024
- → THREE-DAY EMPOWERMENT PROGRAMME FOR TEACHERS
- **→** FACULTY TRAINING PROGRAMME
- ♦ ACADEMIC YEAR INAUGURATION
- WORLD ENVIRONMENT DAY CELEBRATION
- ✦ HONOURING CLASS X TOPPERS BATCH 2024
- → CLUB INAUGURATION
- ✦ YOGA DAY
- → ELECTION AND INVESTITURE CEREMONY 2024-25
- → HOLY MASS

Induction Programme For Teachers

Under the guidance of Fr. Nilson Davis, CMI, our principal, and with the support of the coordinators, the Quality Enhancement Committee members—Ms. Jincy, Ms. Pooja K.A, Ms. Vidya, and Ms. Naveena—conducted an induction programme for newly appointed teachers, as well as for first and second-year teachers on 28th May, 2024. The induction programme aimed to orient the teachers about the school's vision, mission, policies, and procedures to ensure smooth and effective functioning and to provide new teachers with the necessary resources and support to excel in their roles within our educational institution.

The supportive and collaborative efforts of the Quality Enhancement Committee were instrumental in making the programme a success.

Overall, the induction programme was well-received and it set a positive tone for the new academic year, fostering a sense of community and shared purpose among the teaching staff.

Ms. Jincy,
Quality Enhancement committee





Tutor Plus App Training Report

On 28th May 2024, Ms. Divya – from Apps cook Technologies, conducted a training session for the teaching faculty on the Tutor Plus app at the Conference Hall. The session aimed to equip teachers with the skills to utilize the app's features and functionalities to enhance their teaching activities happened in a classroom guided to parents. The session covered an introduction to the app, detailed navigation, and demonstrated the various tabs and interactive features useful for teachers to act as a mediator between

Students and Parents. Hands-on trainings allowed participants to apply their learning practically, and the feedback was positive, appreciating Ms. Divya's clear and practical approach. The training successfully prepared the faculty to effectively use the app on both mobile phones and computers, with recommendations for follow-up sessions, support resources, and continuous feedback.



Ms. Rency Abi

ICSE (Class X) Board Examination Result 2023-2024

"Excellence is never an accident. It is the result of high intention, sincere effort and intelligent execution".

It is a splendid moment that fills our hearts with pride as our Christies achieved new heights. The class X result of 10th batch of our school is indeed encouraging.

The remarkable achievements of our students exemplify the institution's commitment to bringing them to excellence in every endeavourer.

The school management and staff are proud to extend their heartfelt congratulations to Shriya Sanjay who scored 98.8% securing the 6th position, Suha Zubeda scored 98.6% securing the 7th position Jyothi Dhami scored 98.4% and securing the 8th position in National level.

I wish to express my heartfelt gratitude to our principal Fr. Nilson Davis CMI, for his outstanding leadership and commitment, which has significantly contributed to our school's remarkable result.

Celebrating academic excellence is vital in motivating students and fostering a culture of learning. Honouring the toppers is an excellent way to recognise their hard work and dedication. At Christ school ICSE, applaud the students who have shown significant improvement and excellence in academic.

It not only recognises the individual achievements but also inspire other students to strive for excellence.

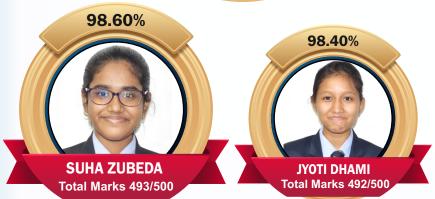
Our sincere gratitude to all our teachers and parents for their constant support and guidance for being a source of inspiration for our students.

The entire fraternity joins me in complimenting you on this achievement and conveying our best wishes for your future endeavours.

Ms. Tintu Kurian Class - X Animator







Total Students Appeared: 193
Total Students Passed: 193

Distinction: 158

First Class : 193 (100%)

Above 95% : 23 Above 90% : 65

Centum in Various Subjects

Biology	:	10
Computer Applications	:	08
History	:	06
English Literature	:	03
Chemistry	:	03
Physics	:	02
Mathematics	:	01
Geography	:	01

Total Centum (100/100): 34



Birthday

On May 24, the Christ ICSE family celebrated the birthday of our Vice Principal Rev. Fr. Reji Koodapattu, CMI. It was a memorable day for him, filled with joy and appreciation. He is always

our mentor and inspiration, guiding us with wisdom and kindness.







Three-Day Empowerment Programme for Teachers

Christ School ICSE recently hosted a three-day empowerment program for teachers, promising a remarkable journey of learning and growth. The program was graced by the presence of our esteemed Principal, Rev. Fr. Nilson Davis CMI, whose visionary leadership and commitment to education set a nurturing and empowering tone for the institution. His presence was an inspiration to all attendees.

The highlight of the event was the keynote speaker, Mr. Ajit Kaikini, a pharmacist turned Director of Corporate Training at Buoyancee. Mr. Kaikini's extensive training experience, spanning six languages and numerous renowned companies like Adidas, Bisleri, and ITC Group, brought immense value to the program. His impactful interventions and diverse background in the pharmaceutical industry and corporate training have empowered tens of thousands of individuals, including underprivileged students and privileged executives. The program brought together dedicated teachers from different schools, fostering an environment of collaboration and mutual learning. Over the three days, teachers engaged actively, shared insights, and gained new skills and innovative approaches to continue their vital work in education.

The event was a significant milestone in the professional journeys of all participants, leaving them inspired and empowered to shape young minds and foster future generations.





In a collaborative effort across the Christ Group of Schools, a comprehensive faculty training program was conducted on 28th May at Christ School ICSE. This initiative brought together educators from Christ CBSE, Christ ICSE, Christ State, Christ ICSE Kengeri and Christa Vidyalaya, spanning across lower primary, upper primary, and high school levels.

The program commenced with a dignified inaugural ceremony graced by esteemed principals and coordinators, including Fr Nilson Davis CMI ,Fr

Reji Koodappattu CMI, Fr Nijo Pallati CMI. Fr Martin Onasseril CMI, and Fr Johnson CMI.

The training sessions, meticulously designed by expert faculty from Christ University, covered a spectrum of essential topics. Educators delved into effective classroom management strategies, handling diverse student dynamics, and fostering positive peer interactions. These sessions were structured into morning and evening segments, allowing for in-depth exploration and practical application.

Beyond professional development, the event fostered a spirit of companionship, exemplified by a convivial get-together and a lavish lunch for all participants. This initiative not only enhanced pedagogical skills but also strengthened the collaborative spirit within the Christ

Group of Schools, reinforcing their commitment to academic excellence and holistic student development.

Sr. Meena Kottakkal High School Coordinator









Academic Year Inauguration

"Starting today, We must pick ourselves up, Dust ourselves off, And begin again..."

On June 5th, 2024, the Christ School ICSE family

came together to celebrate the inauguration of the new academic year 2024-25 and the observance of Environment Day. The event was graced by the esteemed presence of the chief guest, Brother Antony D Vayalil, Principal of St. Francis School ICSE, Koramangala. who ceremoniously lit the lamp to commence the proceedings.

The program began with a beautiful prayer dance, setting a serene and auspicious tone for the day. The honourable chief guest unveiled the theme for the new academic year 2024-25: 'Well-being.' This theme reflects our commitment to fostering a supportive, healthy, and thriving community. Bro. Antony also officially declared the commencement of the new academic year 2024-25.

In line with the celebration of Environment Day, the honourable Chief Guest, Bro. Antony and our respected principal, Rev.Fr. Nilson Davis, CMI planted saplings, symbolizing our commitment to environmental

conservation and highlighting the importance of nurturing our planet for a sustainable future. To further emphasize the significance of this day, our students performed a musical drama, illustrating the vital role of environmental conservation.

The celebration of the academic year inauguration along with Environment Day was a resounding success, reflecting the holistic approach of Christ School ICSE towards education and environmental consciousness.

Ms. Bilgy Johnson



World Environment Day Celebration

Christ School ICSE celebrated World Environment Day on 5th June 2024 with a vibrant and meaningful program organized by the teachers and students of Class 7. The event featured a captivating dance drama based on the theme of 'Land Restoration and Drought Resilience,' where students creatively highlighted the importance of these environmental issues. Each section of Class 7 contributed by crafting unique and impactful slogans to raise awareness about land restoration, which were displayed prominently around the school. Adding to the significance of the celebration, Fr. Principal and Brother Anto, the guest of honour, planted saplings within the school premises, symbolizing the commitment to nurturing and protecting our natural resources. The celebration successfully engaged the entire school community, fostering a deeper understanding and

commitment to environmental conservation and highlighting the importance of

collective action in building a sustainable future.









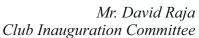


Club Inauguration

"Unity is strength...when there is teamwork and collaboration, wonderful things can be achieved." – Mattie Stepanek

On Wednesday, 19th June, the Silver Jubilee Hall at Christ School ICSE was vibrant with excitement and anticipation as the much-awaited Club Inauguration event took place. The event was graced by our esteemed chief guest Rev. Fr. Joby Kunnath CMI, our beloved principal Rev. Fr. Nilson Davis CMI and our esteemed vice principal and financial administrator Rev. Fr. Reji Koodapattu CMI. Our school provides various clubs for our students to showcase their talents, and creating a spirit of creativity, cooperation and lifelong learning. The following clubs are Math Club, Science Club, Music Club, Dance Club, Nature Club, Public Speaking Club, Literary Club, Social Service Club,

Art Club and Theatre Club. Different programs were performed on the stage by the club members and all the programs were mind-blowing. Christ school ICSE exhibited the diverse talents and enthusiasm of the students and set the stage for the year for all the club members.































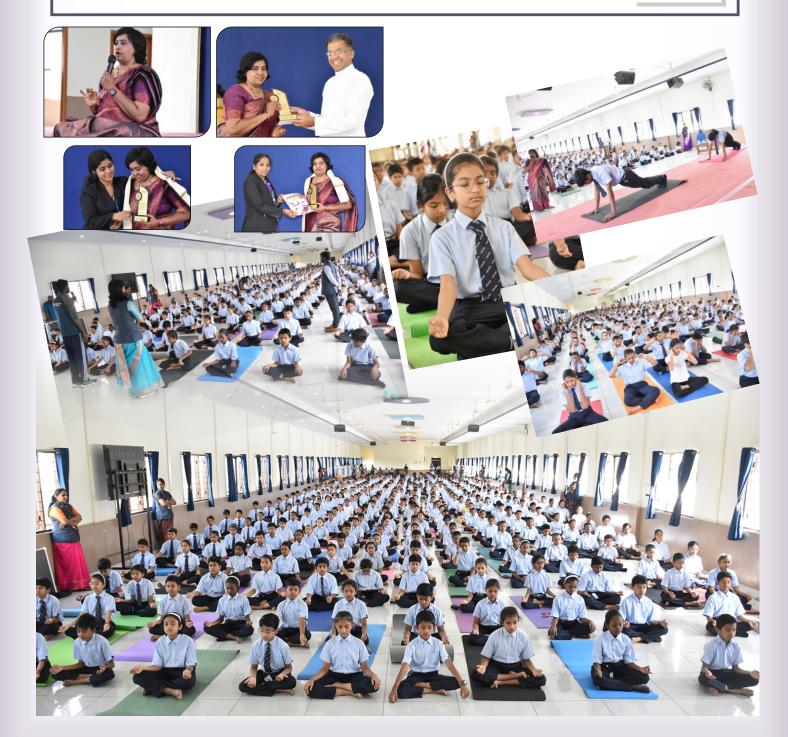
Yoga Day

On 21st June 2024, Christ School ICSE celebrated International Yoga Day with an engaging Yoga Session for students of Classes 6 and 7. The event began with an assembly in St. Thomas Hall, followed by a comprehensive yoga session led by Dr. Rekha M.C., an esteemed Mathematics lecturer from Christ PU College. Dr. Rekha, who holds an MSc in Yoga Therapy from S-VYASA and a PhD from the Yoga University of the Americas, guided the students through various yoga practices. She emphasized yoga as a holistic approach to health and well-being, highlighting its benefits for physical health, mental well-being, emotional balance, and community support. The session showcased yoga's role in fostering

harmony between the body and mind. The celebration was a grand success, and Fr. Reji Koodappatu honoured Dr. Rekha with a memento, acknowledging her invaluable contribution to the event. The day effectively promoted the importance of yoga in

achieving overall well-being and a balanced lifestyle.

Mr. Donis Sports Department



Election And Investiture Ceremony 2024-25

On June 10th, 2024, our school held its candidate meet and election for the academic year 2024-25. Students from Classes V to XI, along with teachers, participated in casting their votes. The election results were officially announced on June 11th.

Following this, on June 12th, the election for House Captains took place, marking another significant step in our school's democratic process.

The culmination of these elections was celebrated during the investiture ceremony held on June 22nd. The event honored the newly elected student cabinet members and House Captains. Reverend Father Cyril Menezes, Principal of St. Joseph's Indian High School and Director of St. Joseph's

Indian Composite PU College, graced the occasion as the Chief Guest. Mr. Tajudin, a parent representative, also attended to extend his congratulations to the students.

The ceremony was further dignified by the presence of our esteemed Principal, Rev. Father Nilson Davis CMI, and Vice Principal, Rev. Father Reji Koodappadu CMI.



Ms. Beena Koshy Election and Investiture committee



























Holy Mass

"Prayer is putting oneself in the hands of God" - Mother Teressa

On 14th June 2024, a holy mass was conducted for Catholic students at Dharmaram Chapel, organised by the Christ Catholic Students Association. The mass mainly focused on the students of class X, and Catholic students from classes V to IX were also included. The offertory was done by the students of class X. The main celebrant was Rev. Fr. Varghese Vithayathil CMI, Rector of Dharmaram college and Manager of Christ Group of Schools. The co-celebrants were Rev. Fr. Nilson Davis Pallissery CMI, Principal and Rev. Fr. Reji Koodapattu CMI, Vice Principal. In his interactive homily Fr. Varghese Vithayathil emphasized focusing on faith and the importance of spiritual growth in student's lives. He also mentioned about the 'Campfire Experience', encouraging students to be always

joyful.

After the Holy mass, the students of class X planted various saplings in the Dharmaram campus accompanied by Fr. Varghese Vithayathil CMI, Rev. Fr. Nilson Davis and Rev. Fr. Reji Koodapattu CMI and the teachers.

Ms. Tintu Kurian

Ms. Tintu Kurian Class - X Animator



ACHIEVEMENT



CHARVI DASALE of class 5 C secured first place in the **Spell Bee International Examination**



AKARSHAN SASHI of 2 H secured 2nd place in the **Talent Hunt Silver Zone Olympiad Examination**



PAVIT KRISHNA of class 3 D secured 2nd place in the Silver Zone Olympiad Social Studies Examination

Class Leaders For The Month Of Tune

"Discipline is the bridge between goals and accomplishment." - Jim Rohn

Discipline is a cornerstone of success, enriching the learning environment and nurturing leadership qualities among students. At Christ School ICSE, we uphold the value of discipline as pivotal to our educational philosophy. To foster a culture of discipline and responsibility, two students are chosen each month to serve as class leaders. These leaders play a crucial role in maintaining order and

promoting a positive atmosphere within their respective classes.

we prioritize instilling students with the values of discipline and leadership through programs like the monthly class leadership program, recognizing their pivotal role in fostering personal growth and preparing students for success both academically and in their future endeavours."







Smart Class Award for the Month of June



Class Teacher : Ms Leema Rosy : Omair Alam Class Leaders

Vedika Vinod



: II C Class

Class Teacher : Ms. Jessymol George

Class Leaders : Jordan

Jeslin



Class : III C

Class Teacher : Rilina Shalini R Class Leaders : Advik Sujesh

Kinzel Melanie



: IV F Class

Class Teacher : Ms. Jyothi Class Leaders : Tejash P Shetty

Manasvitha S



Class

Class Teacher : Ms Raabiya

Class Leaders : Samrudh

Sharanya



: VI H Class

Class Teacher : Ms Meenu Maria Class Leaders : Aradhana Philip

Abdul Hafeez Fawad



Class :VII F

Class Teacher: Ms Jayashree S Class Leaders : Labhyarth

Dhanyashree



Class Teacher : Ms Ravija

Class Leaders : Jeladhi Gembali

Azam Iqbal



Class : IX D

Class Teacher : Ms Mini Manuel

Class Leaders : Pranith Gowda

Nicole Sara



Class

Class Teacher : Ms. Indrani Bose

Class Leaders Shiva Teja

Lischita Gowda























ARATHI C K

A little about myself:

I always tries to be the reason why someone smiles.

My educational background:

MSc in Maths, B.Ed



*My birth date: 5th May

*Zodiac: Taurus

*My hobbies: Craft Works, Reading Novels, Listening to Music

*Favourite colour: Green

*Favourite movie: Pheonix

*Quality I admire about myself: Empathy and humour

*Favourite food: Pizza

*Ambition as a kid: Doctor

*Favourite book: "I too had a love story" by Ravindar Singh

*Dream destination: Maldives

*Favourite subject as a student: Mathematics

*Favourite quote/Motto in life: Stay private, let people assume!!!

Soumya Kuriakose

A little about myself:

Ovial and Fun Loving Person

My educational background:

B.E in Biomedical and B.Ed



*My birth date: 8th May

*Zodiac: Taurus

*My hobbies: Listening Music

*Favourite colour: Green

*Favourite movie: Comedy Movies

*Quality I admire about myself: Adaptability

*Favourite food: Any Kerala Food

*Ambition as a kid: To Be A Good Person

*Favourite book: No Reading Habits

*Dream destination: Amsterdam

*Favourite subject as a student: Science

*Favourite quote/Motto in life: As You Sow, Sow You Reap



Ms. Meenu Maria Alexander

A little about myself:

Tovial and Optimistic

My educational background:

M. A in Linguistics and Language Technology
B. Ed in English



*My birth date: 17th August

*Zodiac: Leo

*My hobbies: Cooking new dishes & Singing

*Favourite colour: Green

*Favourite movie: "Mummy & Me" - Malayalam

*Quality I admire about myself: Honesty

***Favourite food:** Rice & Fish curry

*Ambition as a kid: A teacher who gives more care to the students

who are weak in studies

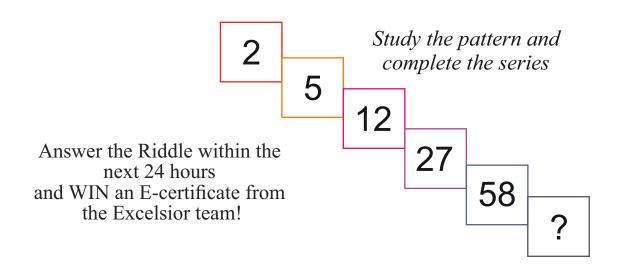
*Favourite book: Aadujeevitham by Benyamin

*Dream destination: Kashmir

*Favourite subject as a student: Hindi

*Favourite quote/Motto in life: Love oneself and love others as they are.

PUZZLE FOR THE MONTH OF JUNE



To enter for a chance to win:

- ✓ Answer the riddle correctly and send it at the earliest.
- ✓ You can send your answer by tomorrow 28th July, 2024 by 4:00 p.m.
- ✓ The first 10 correct answer shall be awarded with the E-certificates.
- ✓ Your time starts from today (27.07.24) at 4:00 p.m. and ends by tomorrow (28.07.24) at 4:00 p.m. Late answers will not be entertained.
- ✓ Mail your answers to:

christnewsletter2015@gmail.com

✓ Mention your NAME, CLASS, SECTION. Attach your photograph in school uniform.

